

## NUTRITIONAL PANEL

### **EVEREST**



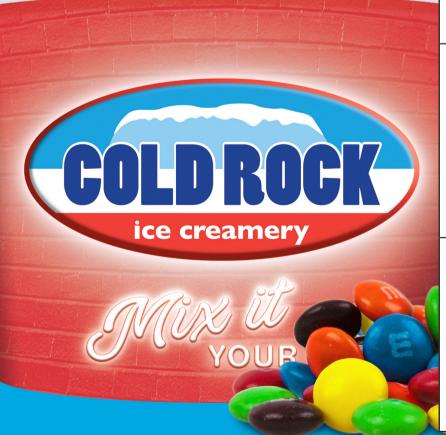
FLAVOUR	ENERGY (KU)	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
COLD ROCK AUSSIE * VANILLA	844	3.5	10.4	6.6	23.2	21.5	46	Water, Cream (Milk), Sugar, Milk Solids, Flavour (3%) (Egg), Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour (<1%). Allergens: Egg, Milk
COLD ROCK BUBBLE * GUM	837	3.5	10.6	6.8	22.2	20.9	48	Water, <b>Cream</b> , Sugar, <b>Milk</b> Solids, Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour, Colour (133). <b>Allergens: Milk</b>
COLD ROCK CAKE * BATTER	908	3.6	10.5	6.4	26.2	22.3	85	Water, Cream (Milk), Sugar, Cake Batter (8%) [Wheat Flour, Sugar, Wheat Starch, Vegetable Oil, Emulsifies (475, 472b, 477, 471), Dextrose, Mineral Salts (541, 500), Milk Solids Non-Fat, Modified Wheat Starch (Gluten), lodised Salt, Vegetable Gum (415), Flavour, Colour (102), Antioxidant (Vitamin E)], Milk Solids, Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour. Allergen: Gluten, Milk
COLD ROCK COOKIES* & CREAM	934	3.8	11.1	6.9	27.0	21.6	93	Water, Cream (Milk), Sugar, Milk Solids, Biscuit Crumb (5%) [Wheat Flour, Sugar, Palm Oil, Coco, Golden Syrup, Raising Agent (500), Salt, Vanilla)], Chocolate Biscuit (4%) (Wheat), Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour. Allergens: Gluten, Milk
COLD ROCK DOUBLE * CHOC	884	4.1	10.5	6.7	24.7	22.5	49	Water, <b>Cream</b> , Sugar, <b>Milk</b> Solids, Chocolate Base (4%) [Preservative (220)], Glucose (Maize), Cocoa Powder (2%), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour. <b>Allergens: Milk</b>
COLD ROCK FERRARO*	861	3.5	10.5	6.8	24.2	22.4	51	Water, Cream, Sugar, Milk Solids, Chocolate Sauce (4.5%) (Milk), Chocolate Hazelnut Ripple (4.5%) [Milk, Hazelnut], Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour, Colour (150d). Allergens: Milk, Tree Nuts
COLD ROCK MINT *	875	3.5	11.3	7.4	23.4	21.9	47	Water, <b>Cream (Milk)</b> , Sugar, <b>Milk</b> Solids, Dark Chocolate Flakes [ <b>Milk</b> , Emulsifiers ( <b>Soy</b> Lecithin – 322, 492)], Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Flavour, Colour (102, 133, 102, 110). <b>Allergens: Milk, Soy</b>



### NUTRITIONAL PANEL

**EVEREST** 





# MANAGEMENT

FLAVOUR	ENERGY (KU)	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
COLD ROCK RAINBOW	837	3.5	10.5	6.7	22.0	20.8	47	Water, <b>Cream</b> , Sugar, <b>Milk</b> Solids, Glucose (Maize), Flavour, Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Colour (102, 110, 132, 124, 110). <b>Allergens: Milk</b>
COLD ROCK SALTED * CARAMEL	836	3.3	10.1	6.5	23.8	21.9	252	Water, <b>Cream (Milk)</b> , Sugar, <b>Milk</b> Solids, Caramel Paste (4.5%), Glucose (Maize), Sea Salt (0.5%), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a). <b>Allergens: Milk</b>
COLD ROCK * STRAWBERRY	831	3.5	10.6	6.8	22.1	20.8	47	Water, <b>Cream</b> , Sugar, <b>Milk</b> Solids, Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Natural Flavour, Colour (124, 110). <b>Allergens: Milk</b>
COLD ROCK WHITE * CHOCOLATE	832	3.5	10.6	6.8	22.1	20.9	47	Water, <b>Cream (Milk</b> ), Sugar, <b>Milk</b> Solids, Glucose (Maize), Emulsifer (471, 433), Vegetable Gums (412, 401, 407a), Natural Flavour (0.5%). <b>Allergens: Milk</b>
SORBET - LEMON	519	<0.1	<0.1	0	29.2	25.3	8	Water, sugar, glucose (maize), lemon concentrate 1.3%, food acid (330), vegetable gums (461, 412, 410, 466, 440), flavour. <b>Allergens: NIL</b>
SORBET - MANGO	480	0.2	<0.1	0	26.7	23.3	7	Water, sugar, mango puree 15% (mango 99%, food acids (330,300)), glucose (maize), food acid (330), vegetable gums (461, 412, 410, 466, 440), sorbitol syrup, emulsifier (471), flavours, colours (102, 110). <b>Allergens: NIL</b>

SMALL AMOUNTS OF ALLERGENS MAYBE PRESENT IN ANY OF OUR FLAVOUR







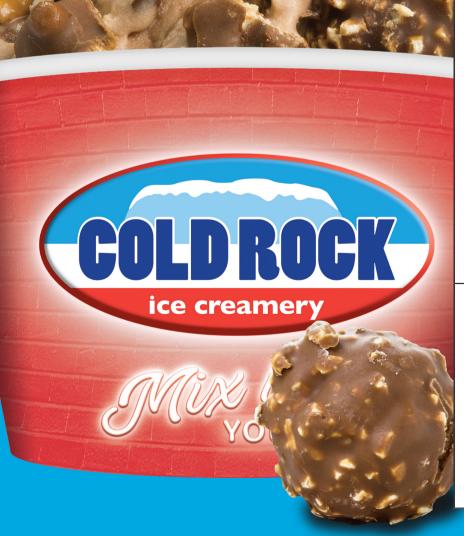
	FLAVOUR	ENERGY (KJ)	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
•	AUSSIE VANILLA	875	3.87	10.58	7.10	24.38	21.75	46	Cold Rock Base [fresh skim milk, fresh cream (milk), sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours], French vanilla custard [Glucose Syrup (Corn), Invert Sugar, Water, Sugar, Egg Yolk Powder, Natural Flavour, Colour (102, 110), Preservative (202), Emulsifier (471)], flavours. ALLERGENS: Contains Milk, egg.
	BUBBLE GUM	864	3.89	10.76	7.27	23.32	21.02	47	Cold Rock Base [fresh skim <b>milk</b> , fresh <b>cream (milk)</b> , sugar, water, <b>milk</b> solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours], flavours, Colour [133]. <b>ALLERGENS: Contains Milk.</b>
	CAKE BATTER	894	4.03	10.93	7.27	24.60	21.15	65	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Vanilla cake mix (wheat flour, sugar, baking powder (raising agents (450,500,341,339), Wheaten cornflour), canola oil, natural vanilla flavour), flavours. ALLERGENS: Milk, cereals containing gluten (wheat).
	COOKIES & CREAM	936	4.11	11.14	7.27	26.75	21.43	88	Cold Rock Base [fresh skim milk, fresh cream (milk), sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours], Oreo Crumb [Wheat Flour (gluten), sugar, vegetable oil (contains antioxidant (319)), cocoa powder (6%), glucose syrup, raising agents (500, 503), salt, corn starch, emulsifier (soy lecithin), flavours], flavours. ALLERGENS: Contains Milk, soy, Cereals containing gluten (wheat).
	DOUBLE CHOC	880	4.13	10.72	7.22	24.19	21.33	47	Cold Rock Base (fresh skim <b>milk</b> , fresh <b>cream</b> , sugar, water, <b>milk</b> solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Chocolate base (Glucose Syrup (Corn), Water, Invert Sugar, Cocoa Powder, Sugar, Cocoa Liquor, Salt, Preservative ( <b>220</b> ), Flavours), Cocoa powder, flavours. <b>ALLERGENS: Milk, sulphites.</b>
	FERRARO	904	3.89	11.16	7.38	25.06	22.67	50	Cold Rock Base (fresh skim <b>milk</b> , fresh <b>cream</b> , sugar, water, <b>milk</b> solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Chocolate <b>hazelnut</b> base (Water, Sugar, Glucose Syrup (From Corn), Sweetened Condensed <b>Milk</b> ( <b>Milk</b> , Sugar), Vegetable Fat, Cocoa Powder, Cocoa Liquor, Flavour, Salt, Vegetable Gum (440)), Nutella (sugar, Vegetable oil (palm), <b>hazelnuts</b> (13%), skim <b>milk</b> powder (8.7%), fat-reduced cocoa powder (7.4%), emulsifier (lecithins) ( <b>soy</b> ), flavouring (vanillin)), flavours, Colour ( <b>150d</b> ). <b>ALLERGENS: Milk, tree nuts</b> (hazelnuts), <b>soy, sulphites.</b>
	MINT	908	3.91	11.83	8.28	23.41	21.23	49	Cold Rock Base (fresh skim <b>milk</b> , fresh <b>cream</b> , sugar, water, <b>milk</b> solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Gran Stracciatella Reale (Fully hydrogenated vegetable fat (coconut), sugar, low-fat cocoa, emulsifier (322), flavours, antioxidant (307)), flavours, colours (102, 133). <b>ALLERGENS: Milk.</b>



# MANAGEMENT

FLAVOUR	ENERGY (KU)	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
RAINBOW	862	3.84	10.65	7.20	22.97	20.80	50	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), flavours, Colours (102, 110, 124, 133).  ALLERGENS: Milk.
SALTED CARAMEL	864	3.77	10.44	7.05	24.32	21.71	241	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Caramel Paste (Glucose syrup, burnt sugar (38%), sugar, flavours), Sea Salt. ALLERGENS: Milk.
STRAWBERRY	859	3.86	10.69	7.99	23.35	20.90	47	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), strawberries, flavours, colours (124). ALLERGENS: Milk
WHITE CHOCOLATE	870	3.86	10.70	7.23	23.98	20.90	47	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), flavours.  ALLERGENS: Milk.
SORBET - LEMON	512	0.10	0.56	0.52	27.84	27.14	10	Water, Sugar, Lemon base (Dextrose, acidifier (330), fully hydrogenated vegetable fat (coconut), dehydrated glucose syrup, skimmed milk powder, dehydrated lemon juice (3%), stabilizers: 412, 410, emulsifier: 471, 472a, 472b, 477, flavours), Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), Fibre base (Alimentary fibres, fructose), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours). ALLERGENS: Milk, Sulphites.
SORBET - MANGO	484	0.20	0.24	0.20	27.40	25.92	4	Water, mango, Sugar, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Mango base (Glucose syrup, mango Alphonso pulp (38%), sugar, acidifier 330, stabilizer 440, flavours, colour (160a)), Fibre base (Alimentary fibres, fructose), Emulsifier (Water, stabilizer: 420 (32%),

### NUTRITIONAL PANEL BULLA BASE

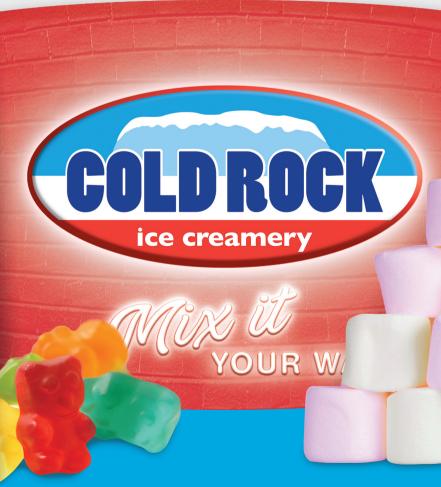


SMALL AMOUNTS OF ALLERGENS MAYBE PRESENT IN ANY OF OUR FLAVOUR

emulsifier: 471 (22%), flavours). **ALLERGENS: Nil.** 



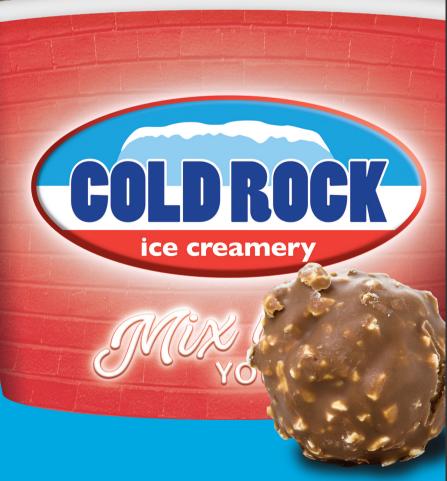




FLAVOUR	ENERGY (KJ)	PROTEIN (G)	FAT TOTAL(G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
Apple Pie	864	3.79	10.52	7.08	23.94	20.38	58	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Apple pie (Apple Filling [Apples (31%), Water, Sugar, Thickeners (1422, 401, 412), Dextrose (Wheat), Mineral Salts (452, 341), Wheat Starch, Acidity Regulators (330, 331, 297)]. Shortcrust Pastry (44%) [Wheat Flour, Margarine (Vegetable Fats and Oils (Palm, Canola), Water, Salt, Emulsifiers (471 Palm, Soy Lecithin), Antioxidant (307b - Soy), Natural Flavouring, Natural Colour (Carotene), Acidity Regulators (331, 330)), Sugar, Raising Agents (500, 450)]), Apple slices (Pink Lady Apples (59%), Refined Fruit Juice [Apple, Grape, Peach, Pear], Acidity Regulator (330)), Ground Cinnamon. ALLERGENS: Milk, Cereals Containing Gluten (wheat), Soy.
Baileys	868	3.91	10.75	7.26	23.18	20.90	47	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), flavour, colours (155, 124, 133), Cocoa powder. ALLERGENS: Milk.
Banana	811	3.63	9.65	6.50	22.90	20.19	42	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Bananas (99.8% banana, antioxidant (ascorbic acid)).  ALLERGENS: Milk.
Boysenberry	850	3.82	10.49	7.08	22.81	20.67	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), boysenberries, flavours. ALLERGENS: Milk.
Butterscotch	880	3.75	10.47	7.09	25.04	22.33	52	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Butterscotch brittle ((sugar, glucose syrup(com), vegetable fat (palm), malt extract (0.3%), colour (150d)), flavours, Colours (102, 110, 150d). ALLERGENS: Milk, Cereals containing gluten (barley), Soy (processing aid), Sulphites.
Caramel	869	3.79	10.49	7.09	24.44	21.82	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Caramel Paste (Glucose syrup, burnt sugar (38%), sugar, flavours). ALLERGENS: Milk.
Cheesecake	874	3.71	9.97	6.74	25.96	23.53	45	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Cheesecake base (Glucose Syrup (From Corn), Water, Thickener (1442), Whole Milk Powder, Skim Milk Powder, Food Acid (270), Natural Flavours), Colours (102, 110). ALLERGENS: Milk.
Christmas Pudding	897	3.68	9.63	6.25	27.93	24.87	68	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Christmas pudding (Fruit (39.5%) (Raisins, Sultanas, lemon peel, reconstituted plum puree), inverted sugar syrup, Wheat Flour, rice bran oil spread (rice bran oil, water, emulsifiers(471,392), salt, acidity regulator 270)), humectant (492 from palm), brandy (3.5%), breadcrumb (wheat flour, salt, yeast), milk solids, golden syrup, sugar, caramelised sugar syrup, mixed spices, egg white powder, raising agent (sodium carbonates), preservative (sorbic acid),stabiliser(415), salt, acidity regulator (330), natural brandy flavouring), English toffee base (Glucose Syrup (Corn), Sweetened Condensed Milk (Milk, Sugar), Water, Sugar, Butter, Vegetable Gum (401), Salt, Flavouring, Skim Milk Powder, Food Acid (500)), Caramel Topping (water, sugar, thickeners (1429, 415), skim milk powder, natural colours (caramel I, carotene), natural flavour, acitdity regulator (330), preservative (202)). ALLERGENS: Milk, Cereals containing gluten (wheat), Egg. Contains 0.178mL alcohol per 100g of Ice Cream.







FLAVOUR	ENERGY (KU)	ROTEN (G)	FAT TOTAL(G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
Cinnamon	870	3.88	10.64	7.16	23.85	21.39	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), French vanilla custard (Glucose Syrup (Corn), Invert Sugar, Water, Sugar, Egg Yolk Powder, Natural Flavour, Colour (102, 110), Preservative (202), Emulsifier (471)), Ground Cinnamon, flavours.  ALLERGENS: Milk, Egg.
Coconut	898	3.70	10.83	7.49	25.27	21.39	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Coconut base (Glucose Syrup (From Corn), Water, Desiccated Coconut (17.5%) [Coconut, Preservative (223)], Invert Sugar, Thickener (1422), Natural Flavour, Preservatives (202, 223)), flavour, Colour (124). ALLERGENS: Milk.
Coffee	861	3.95	10.75	7.27	23.24	21.05	47	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Moccona Freeze dried Coffee (100% coffee beans).  ALLERGENS: Milk.
Donut	916	3.89	10.69	7.04	26.50	22.98	69	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Cinnamon Donuts (donut (wheat flour, water, sugar, vegetable oils & fats (palm (antioxidant (307 soy)), canola), soy flour, milk solids, raising agents (450, 500, 341), egg yolk powder, salt, emulsifiers (322 soy, 471), wheat starch, dextrose, spices, thickener (415), vitamins (thiamin, folate)), cinnamon sugar (7%) (sugar, oat fibre, spices, vegetable shortening (milk solids, soy), vegetable oil (canola)), sugar, French vanilla custard (Glucose Syrup (Corn), Invert Sugar, Water, Sugar, Egg Yolk Powder, Natural Flavour, Colour (102, 110), Preservative (202), Emulsifier (471)), flavours, Ground Cinnamon. ALLERGENS: Milk, Cereals containing Gluten (wheat), Egg, Soy.
English Toffee	910	3.60	9.94	6.73	28.20	25.71	59	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), English toffee base (Glucose Syrup (Com), Sweetened Condensed Milk (Milk, Sugar), Water, Sugar, Butter, Vegetable Gum (401), Salt, Flavouring, Skim Milk Powder, Food Acid (500)), Butterscotch brittle ((sugar, glucose syrup (corn), vegetable fat (palm), malt extract (0.3%), colour (150d)). ALLERGENS: Milk, Cereals containing gluten (Barley), Soy (processing aid), Sulphites.
Green Tea	879	4.32	10.60	7.14	24.26	20.63	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Dried Green Tea Powder (Camellia sinensis), flavours.  ALLERGENS: Milk.
Honeycomb	889	3.71	9.97	6.74	25.96	23.53	45	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Cheesecake base (Glucose Syrup (From Corn), Water, Thickener (1442), Whole Milk Powder, Skim Milk Powder, Food Acid (270), Natural Flavours), Colours (102, 110). ALLERGENS: Milk.
Jaffa	876	3.73	9.97	6.73	26.35	22.91	48	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Chocolate base (Glucose Syrup (Corn), Water, Invert Sugar, Cocoa Powder, Sugar, Cocoa Liquor, Salt, Preservative (920), Flavours), Orange Paste (Glucose syrup, orange juice (40%), sugar, acidifier (330), flavours, stabilizer (440), colour (102, 129)), flavours, Colours (124, 150d). ALLERGENS: Milk, Sulphites.





FLAVOUR	ENERGY (KJ)	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
Liquorice	915	3.81	9.85	6.58	28.33	23.06	51	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Licorice (Wheat flour, glucose syrup (wheat), treacle, molasses, sugar, water, wheat fibre, palm oil, liquorice extract (0.6%), aniseed oil, salt, natural colour (vegetable carbon), emulsifier (471), glazing agent (carnauba wax)), flavour. ALLERGENS: Milk, Cereals containing gluten (Wheat).
Macadamia	965	4.06	13.75	7.42	22.59	20.31	45	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), macadamias, flavours. ALLERGENS: Milk, Tree nuts (Macadamias).
Meringue	890	3.71	10.15	6.86	26.45	23.55	45	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Meringue Paste (glucose syrup, sugar syrup (sugar, water), meringues (sugar, wheat starch, egg white, flavours), skimmed milk powder, flavours, thickener (1422)). ALLERGENS: Milk, egg, cereals containing gluten (wheat).
Milo	925	4.60	10.71	7.22	26.32	22.98	55	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Milo (extract of malt barley or malt barley and rice (total extract 38%), milk solids, sugar, cocoa, minerals (calcium, iron), maltodextrin (corn), vitamins (C, B3, B6, B2, D, B12), emulsifier (Soy lecithin)). ALLERGENS: Milk, Cereals containing gluten (barley), soy.
Peanut Butter	936	4.67	12.26	7.26	23.50	21.14	71	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Bega Peanut Butter Crunchy (Roasted peanuts (86%), vegetable oil (contains antioxidant (320)), sugar, salt), Chocolate topping (water, sugar, thickeners (1422, 415), cocoa powder (3.0%), salt, acitdity regulator (330), natural flavour, preservative (202)). ALLERGENS: Milk, Peanuts, tree nuts (processing).
Pistachio	887	3.81	10.60	7.03	25.23	22.07	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Pistachio base (Glucose syrup, almonds, pistachios (7%), flavours, colour (102), (132)). ALLERGENS: Milk, tree nuts (almonds, pistachios), other tree nuts (processing).
Rum & Raisin	878	3.67	9.49	6.71	26.41	23.83	45	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Rum Raisin base (Invert Sugar, Raisins, Water, Sugar, Colour (150d, 102, 110), Flavour, Vegetable Gum (466, 407), Thickener (1422)). ALLERGENS: Milk, Sulphites.
Sticky Date	903	3.69	9.76	6.61	27.95	24.27	43	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Pitted dates (Dates (99.7%), sunflower oil), Caramel Topping (water, sugar, thickeners (1422, 415), skim milk powder, natural colours (caramel I, carotene), natural flavour, acitdity regulator (330), preservative (202)). ALLERGENS: Milk.



# MANAGEMENT

FLAVOUR	ENERGY (KJ)	PROTEIN (G)	EAT TOTAL(G)	FAT SAT (G)	CARBS (G)	SUGARS (G)	SODIUM (MG)	INGREDIENTS
Tiramisu	905	3.76	10.36	6.91	24.97	22.47	47	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Tiramisu (Wine, sugar, flavours (with caffeine), eggs, glucose syrup, peanut oil, hazelnut sweetmeat, soya proteins), Coffee topping (Sugar syrup (sugar, water), glucose syrup, coffee (10%), flavours, modified starch, acidifier (507)), Cocoa powder. ALLERGENS: Milk, egg, peanuts, soy, tree nuts (hazelnuts), other tree nuts (processing).
Turkish Delight	867	3.73	10.33	6.98	24.71	21.13	46	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), Turkish Delight Paste (Glucose Syrup, Cane Sugar, Natural Flavour, Colour (122), Food Acid (330), Preservative (211)). ALLERGENS: Milk.
Watermelon	863	3.88	10.75	7.27	23.40	21.01	48	Cold Rock Base (fresh skim milk, fresh cream, sugar, water, milk solids, glucose syrup, emulsifiers (471, 433), thickeners (guar gum, 466, processed eucheuma seaweed), flavours), flavours, Colours (124). ALLERGENS: Milk.
Sorbet - Blood Orange	534	0.32	0.49	0.47	29.30	28.35	8	Water, Orange juice (reconstituted orange juice(99.8%), food acid (citric acid), natural flavour, vitamin C), Sugar, Red Orange Paste (Glucose syrup, sugar, orange juice (30%), flavours, stabilizers (440), colours (102, 129)), Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), dextrose, Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), Fibre base (Alimentary fibres, fructose), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours).  ALLERGENS: Sulphites.
Sorbet - Fruits of the Forest	487	0.28	0.27	0.20	26.74	26.15	4	Water, Sugar, raspberries, strawberries, boysenberries, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Forest Berries Paste (Glucose syrup, wild berries (bilberries, raspberries, blackcurrants) (30%), sugar, acidifier (330), colour (162), vegetable extracts, stabilizer (440), flavours), Fibre base (Alimentary fibres, fructose), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours). ALLERGENS: Nil.
Sorbet - Green Apple	505	0.30	0.42	0.41	28.22	27.88	6	Water, Apple juice (reconstituted apple juice (99.6%), food acid (330), natural flavour, vitamin C), Sugar, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), dextrose, Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours), Colours (133, 102). flavours. ALLERGENS: Nil.
Sorbet - Passionfruit	556	0.64	0.25	0.17	28.56	28.04	7	Water, Sugar, passionfruit, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Passionfruit Paste (Glucose syrup, sugar, passionfruit juice (17%), acidifier (330), stabilizer (440), flavours, colour (101)), dextrose, Fibre base (Alimentary fibres, fructose), Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours).

### NUTRITIONAL PANEL

**BULLA BASE** 





ALLERGENS: Sulphites.

# SECTION 331C PAGE 5 OF 5

### NUTRITIONAL PANEL BULLA BASE

FLAVOUR	ENERGY (K	PROTEIN (G)	FAT TOTAL (G)	FAT SAT (G	CARBS (G)	SUGARS (G	w) wnigos	INGREDIENTS
Sorbet - Pineapple	477	0.16	0.27	0.22	26.65	26.06	5	Water, pineapple, Sugar, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Pineapple Paste (Glucose syrup, pineapple (30%), sugar, acidifier (330), stabilizer (440), flavours, colour (101)), Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), Fibre base (Alimentary fibres, fructose), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours), Colours (102, 110). ALLERGENS: Sulphites.
Sorbet - Raspberry	466	0.29	0.27	0.20	25.32	24.67	3	Water, raspberries, Sugar, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Raspberry Paste (Glucose syrup, sugar, raspberries (16%), acidifier (330), colour (162), vegetable extracts, stabilizer (440), flavours), Fibre base (Alimentary fibres, fructose), Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours). ALLERGENS: Sulphites.
Sorbet - Strawberry	446	0.18	0.24	0.18	24.23	23.72	5	Water, strawberries, Sugar, Fruit Base (Dextrose, emulsifier (471, 472b, 477), stabilizers (412, 466), dehydrated glucose syrup), Strawberry Paste(Glucose syrup, strawberry juice and pulp (33%), sugar, acidifier (330), stabilizer (440), flavours, colour (102, 129)), Fibre base (Alimentary fibres, fructose), Lemon juice (reconstituted lemon juice (99%), vitamin C (300), natural flavour, preservative(223)), dextrose, Emulsifier (Water, stabilizer: 420 (32%), emulsifier: 471 (22%), flavours). ALLERGENS: Sulphites.



